

### **OUR MISSION**

MCRA's mission is to promote, facilitate and support the activities, operations and training of agencies and response teams that are involved in Critical Incident Stress Management.

To fulfill this mission the MCRA will:

- Assist communities in identifying groups that are at risk of experiencing traumatic stress.
- Develop training for service providers who would reach out to traumatized groups
- Assist communities in developing crisis response plans.
- Provide support to local resources.
- Maintain contact with local crisis response teams throughout Michigan.
- Encourage a standard of excellence in Critical Incident Stress Management service delivery in Michigan.

MCRA will accomplish this mission in a manner which respects the autonomy of each community and the need for each community to be in control of its own recovery.

## TEAM CONTACT & TEAM REGISTRY

MCRA posts a roster of known Michigan CISM teams on our web site at www.mcrainc.com so that those in need can obtain quality, local crisis response services in a timely manner throughout the state. Please help us keep the contact information for your team up to date.

MCRA has developed a Team Registry. Please check our web site for further developments and/or instructions regarding the team registration process. Our expectation is that a Team Registry will:

- Coordinate the mobilization of teams and local resources in responding to any major disaster within and beyond our state border.
- Maintain a high standard of excellence in the delivery of CISM services within Michigan; and
- Further promote team access.





(a not for profit organization)

For locating a team or contacting MCRA, visit our website at

#### www.mcrainc.com

For emergency calls and team activation only, call 800-969-0025

Michigan Crisis Response Association, Inc 17845 Almira Road Lake Ann, MI 49650

## WHAT IS CISM?

Critical Incident Stress Management (CISM) is a comprehensive, integrative, systematic, multicomponent crisis intervention system. CISM is considered comprehensive because it consists of multiple crisis intervention components, which functionally span the entire temporal spectrum of a crisis. CISM interventions range from the precrisis phase through the acute crisis phrase, and into the post-crisis phase. CISM is also considered comprehensive in that it consists of interventions which may be applied to individuals, small functional groups, large groups, families, organizations, and even communities.

While CISM services were originally developed to meet the needs of emergency response personnel (firefighters, law enforcement, nursing, EMS, etc.), they have been expanded into the workplace, industry, the military, and schools. CISM responses help to lessen the impact traumatic events have on people, help to return the organization back to normal more quickly, and lastly, help to build support among the victims to take care of one another. Today, CISM is actively used in many community and organizational settings across the state, the country, and the world.



Registered Member of the International Critical Incident Stress Foundation Network (ICISF)

# MCRA HISTORY

The Michigan Crisis Response Association, originally founded as the Michigan Crisis Response Team, was created in 1988. MCRA was formed in response to the lack of crisis response services available to both emergency service personnel and the general population following disasters or other traumatic events.

MCRA has been a pioneer in the provision of crisis response training, holding its first educational workshop at a retreat center in Tustin, MI in 1989. This event has evolved into a much anticipated, major annual Critical Incident Stress Management conference offering many different tracks, keynote or panel presentations, and/or informative large group sessions.

This annual conference has grown along with MCRA over the years, providing an ideal, rich environment in which to learn and network while being immersed in a collegial CISM milieu for two and a half days.



#### MCRA MEMBERSHIP

Individual membership in MCRA shall be open to all persons who notify the MCRA in writing of their interest, who subscribe to the purposes of the MCRA, and to such classes of agencies and organizations as the Board of Directors may authorize. No qualified applicant shall be refused membership on the basis of age, race, ethnic origin, gender, religion. economic status, or sexual Members of the Board of orientation. Directors are elected by the general membership at the Annual Meeting. Every effort is made to ensure representation from teams registered with MCRA.